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## Route Information

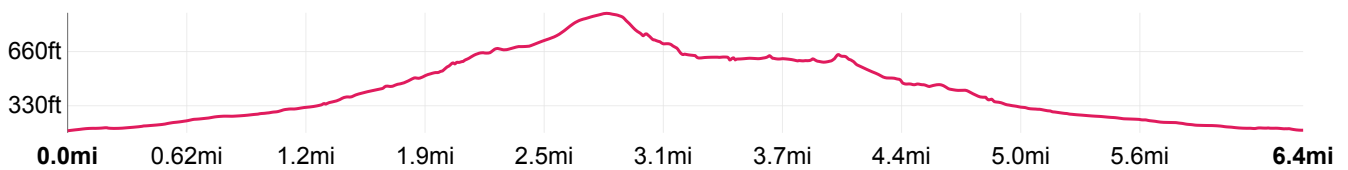
Route Name Upton St Leonards Prinknash Buckholt Wood loop - Red Walk 5

A nice walk up from the village through the private land of Prinknash Abbey, to Buckholt Wood and back via a the meadow and woodland above the Abbey. With views across to The Malverns and May Hill and more.

## Route Summary

Total Distance	6.4mi (10.3km)	Walk	2h 35min
Elevation	177ft at lowest point	Run	56min
	891ft at highest point	Cycle	32min
Total Ascent	1035ft		

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SO 864 151	0.00mi	51° 50' 5" N	2° 11' 50" W	177ft
	Start - Village Post Office - SO 8651 1511 Dist to next: 0.40mi, Bearing to next: 141°, Ascent to next: 34ft				
2	SO 868 146	0.40mi	51° 49' 50" N	2° 11' 30" W	206ft
	Gate and bridge - SO 8687 1467 Dist to next: 0.15mi, Bearing to next: 100°, Ascent to next: 20ft				
3	SO 871 146	0.55mi	51° 49' 48" N	2° 11' 18" W	226ft
	Rooksmoor Bridlepath - SO 8711 1464 Dist to next: 0.30mi, Bearing to next: 159°, Ascent to next: 39ft				
4	SO 872 142	0.85mi	51° 49' 34" N	2° 11' 9" W	265ft
	Stone track - SO 8728 1420 Walk up the stone track Dist to next: 0.20mi, Bearing to next: 116°, Ascent to next: 21ft				
5	SO 875 140	1.05mi	51° 49' 30" N	2° 10' 54" W	285ft
	Take the right up the track - SO 8756 1406 Dist to next: 0.78mi, Bearing to next: 146°, Ascent to next: 234ft				
6	SO 880 132	1.83mi	51° 49' 5" N	2° 10' 26" W	491ft
	Leave the tarmac - SO 8809 1329 Walk off the road and up the track to the left. Dist to next: 0.25mi, Bearing to next: 231°, Ascent to next: 142ft				

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|----|---|---------------|---------------|--------------|--------------|
| 7  | <b>SO 878 131</b>   | <b>2.08mi</b> | 51° 48' 59" N | 2° 10' 38" W | <b>613ft</b> |
|    | Henry VIII Walk - SO 8786 1310<br>You need to turn left onto the walk for a short period where the route turn up the steps between the trees.<br>Dist to next: <b>0.14mi</b> , Bearing to next: <b>122°</b> , Ascent to next: <b>76ft</b>   |               |               |              |              |
| 8  | <b>SO 880 129</b>   | <b>2.22mi</b> | 51° 48' 55" N | 2° 10' 29" W | <b>683ft</b> |
|    | The Top - SO 8804 1299<br>At the top of the steps, turn left, along the wall line to the main road. Cross over the road and up the road, do not take the minor road to the right.<br>Dist to next: <b>0.17mi</b> , Bearing to next: <b>73°</b> , Ascent to next: <b>25ft</b>                                    |               |               |              |              |
| 9  | <b>SO 883 130</b>   | <b>2.40mi</b> | 51° 48' 58" N | 2° 10' 15" W | <b>689ft</b> |
|    | Cotswold Way - SO 8831 1307<br>Leave the road and keep on the Cotswold Way all the way to the top of Buckholt Wood.<br>Dist to next: <b>0.31mi</b> , Bearing to next: <b>44°</b> , Ascent to next: <b>177ft</b>   |               |               |              |              |
| 10 | <b>SO 886 134</b>   | <b>2.71mi</b> | 51° 49' 9" N  | 2° 9' 57" W  | <b>866ft</b> |
|    | Bluebells in spring - SO 8866 1343<br>Dist to next: <b>0.08mi</b> , Bearing to next: <b>3°</b> , Ascent to next: <b>25ft</b>  |               |               |              |              |
| 11 | <b>SO 886 135</b>   | <b>2.80mi</b> | 51° 49' 14" N | 2° 9' 56" W  | <b>891ft</b> |
|    | Down hill - SO 8867 1356<br>Follow the Cotswold Way arrows.<br>Dist to next: <b>0.13mi</b> , Bearing to next: <b>332°</b> , Ascent to next: <b>0ft</b>  |               |               |              |              |
| 12 | <b>SO 885 137</b>   | <b>2.93mi</b> | 51° 49' 20" N | 2° 10' 1" W  | <b>802ft</b> |
|    | Leave the main path - SO 8857 1375<br>Just as the main steep path flattens out and bends to the right, you need to take the track on the left. Its next to a tree with vines growing around it. Walk down the track.<br>Dist to next: <b>0.03mi</b> , Bearing to next: <b>314°</b> , Ascent to next: <b>0ft</b> |               |               |              |              |
| 13 | <b>SO 885 137</b>   | <b>2.96mi</b> | 51° 49' 21" N | 2° 10' 3" W  | <b>775ft</b> |
|    | Gap in wall - SO 8854 1377<br>Walk down the track, though the Cotswold stone wall which has fallen down. You will go underneath a Fir tree. Turn right.<br>Dist to next: <b>0.05mi</b> , Bearing to next: <b>319°</b> , Ascent to next: <b>18ft</b>   |               |               |              |              |
| 14 | <b>SO 885 138</b>   | <b>3.01mi</b> | 51° 49' 21" N | 2° 10' 4" W  | <b>752ft</b> |
|    | Bluebells and Wild Garlic - SO 8851 1380<br>Dist to next: <b>0.02mi</b> , Bearing to next: <b>290°</b> , Ascent to next: <b>0ft</b>   |               |               |              |              |
| 15 | <b>SO 884 138</b>   | <b>3.03mi</b> | 51° 49' 22" N | 2° 10' 6" W  | <b>726ft</b> |
|    | The wall and Fire Tree -SO 8848 1381<br>The wall will now be on the right. Keep on this track until the track crosses the wall again. But DON'T go through the wall, turn left.<br>Dist to next: <b>0.04mi</b> , Bearing to next: <b>304°</b> , Ascent to next: <b>2ft</b>                                      |               |               |              |              |
| 16 | <b>SO 884 138</b>   | <b>3.07mi</b> | 51° 49' 23" N | 2° 10' 7" W  | <b>715ft</b> |
|    | The Wall 2 - SO 8845 1384<br>Do not go through the gap, turn left. Walk down the track, you will soon hear and see the A46 road.<br>Dist to next: <b>0.06mi</b> , Bearing to next: <b>190°</b> , Ascent to next: <b>2ft</b>   |               |               |              |              |

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|---|-------------------|---------------|---------------|--------------|--------------|
| 17  | <b>SO 884 137</b> | <b>3.13mi</b> | 51° 49' 19" N | 2° 10' 8" W  | <b>694ft</b> |
| <p>The adjoining track - SO 8844 1374<br/>         As you get to this point you need to walk over the adjoining track ie straight over and right... Walk down to the road.<br/>         Dist to next: <b>0.03mi</b>, Bearing to next: <b>223°</b>, Ascent to next: <b>0ft</b></p>   |                   |               |               |              |              |
| 18  | <b>SO 884 137</b> | <b>3.16mi</b> | 51° 49' 19" N | 2° 10' 10" W | <b>675ft</b> |
| <p>A46 - SO 8841 1371<br/>         Cross the A46 road and walk down the entrance road to the Abbey, at the 10mph sign (opposite a house) you will find the stile<br/>         Dist to next: <b>0.10mi</b>, Bearing to next: <b>309°</b>, Ascent to next: <b>5ft</b></p>   |                   |               |               |              |              |
| 19  | <b>SO 883 137</b> | <b>3.26mi</b> | 51° 49' 20" N | 2° 10' 13" W | <b>615ft</b> |
| <p>Stile - SO 8834 1377<br/>         Over the stile - walk up the field keeping slightly down from the fence line. You will soon see a house on the left, head towards it. But keep high, do not drop down the field. You're heading for the row of horse chestnut trees on the left with a group of smaller trees on the right. You should soon pick up the track. As you walk along the track the group of trees on the right stop and the field opens up. Keep close to the trees on the left. You will soon get to the ornate gate and stile.<br/>         Dist to next: <b>0.39mi</b>, Bearing to next: <b>185°</b>, Ascent to next: <b>67ft</b></p> |                   |               |               |              |              |
| 20  | <b>SO 882 132</b> | <b>3.65mi</b> | 51° 49' 3" N  | 2° 10' 16" W | <b>617ft</b> |
| <p>Ornate gate and stile - SO 8829 1322<br/>         At the ornate gate and stile, walk straight on along the tree line past the massive horse chestnut tree. To your right and down you can see in the distance the New Abbey and Walled Garden. The track passes trees with wooden protection barriers. A stunning Copper Beech tree on the left. You pass between 2 Fir trees and then a number of fallen trees along the track. Head towards the marker post.<br/>         Dist to next: <b>0.21mi</b>, Bearing to next: <b>236°</b>, Ascent to next: <b>25ft</b></p>   |                   |               |               |              |              |
| 21  | <b>SO 881 130</b> | <b>3.86mi</b> | 51° 48' 58" N | 2° 10' 26" W | <b>611ft</b> |
| <p>Marker post - SO 8810 1309<br/>         The walk continues onwards, although you could take the track right across the field to the stile in the metal fencing. Going straight on you will pass some stunning trees. You will soon get back to Henry VIII walk.<br/>         Dist to next: <b>0.13mi</b>, Bearing to next: <b>256°</b>, Ascent to next: <b>56ft</b></p>  |                   |               |               |              |              |
| 22  | <b>SO 879 130</b> | <b>3.99mi</b> | 51° 48' 57" N | 2° 10' 35" W | <b>647ft</b> |
| <p>Back to Henry VIII Walk - SO 8792 1304<br/>         You are back to where you walked earlier. So follow your way back down past the Cemetery, past the old Bird Park, down the lane etc.<br/>         Dist to next: <b>0.53mi</b>, Bearing to next: <b>13°</b>, Ascent to next: <b>41ft</b></p>  |                   |               |               |              |              |
| 23  | <b>SO 880 136</b> | <b>4.52mi</b> | 51° 49' 15" N | 2° 10' 29" W | <b>465ft</b> |
| <p>The Abbey Cafe - SO 8806 1353<br/>         Why not stop for a drink in the cafe.<br/>         Dist to next: <b>0.82mi</b>, Bearing to next: <b>306°</b>, Ascent to next: <b>17ft</b></p>   |                   |               |               |              |              |
| 24  | <b>SO 872 141</b> | <b>5.34mi</b> | 51° 49' 34" N | 2° 11' 10" W | <b>264ft</b> |
| <p>Choices - SO 8726 1419<br/>         You could walk back the way you came along the bridle path, or you could walk across the fields via Portway<br/>         Dist to next: <b>0.63mi</b>, Bearing to next: <b>320°</b>, Ascent to next: <b>1ft</b></p>   |                   |               |               |              |              |

25	<b>SO 868 146</b>	5.98mi	51° 49' 50" N	2° 11' 31" W	205ft
	Kissing gate - SO 8685 1468				
	Through the gate, cross the field to the road, straight over and back to the Post Office				
	Dist to next: <b>0.43</b> mi, Bearing to next: <b>322°</b> , Ascent to next: <b>9</b> ft				
26	<b>SO 864 151</b>	6.40mi	51° 50' 5" N	2° 11' 50" W	180ft
	Finish - SO 8648 1514				