

Ordnance Survey

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# Route Information

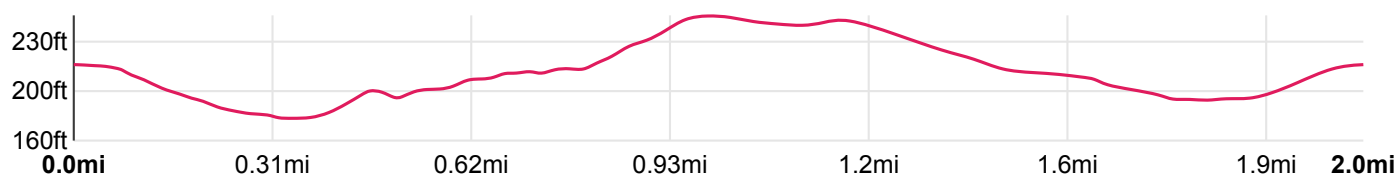
Route Name Upton St Leonards Village - The Bowden Loop - Green walk 1

A short walk around the village, including, Bowden, Rooksmoor, Manor Farm

## Route Summary

Total Distance	2.0mi (3.2km)	Walk	42min
Elevation	179ft at lowest point	Run	17min
	247ft at highest point	Cycle	10min
Total Ascent	112ft		

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SO 863 148 The Village Hall SO 8636 1486 Start at the Village Hall	0.00mi	51° 49' 56" N	2° 11' 57" W	214ft
	Dist to next: <b>0.50mi</b> , Bearing to next: <b>67°</b> , Ascent to next: <b>19ft</b>				
2	SO 868 150 Bowden Hall field - SO 8688 1508 Across the field to the white house, then up Nut Hill	0.50mi	51° 50' 3" N	2° 11' 30" W	192ft
	Dist to next: <b>0.17mi</b> , Bearing to next: <b>136°</b> , Ascent to next: <b>18ft</b>				
3	SO 870 148 Rooksmoor - SO 8707 1489 Walk down the road and along the bridle path	0.67mi	51° 49' 57" N	2° 11' 20" W	209ft
	Dist to next: <b>0.32mi</b> , Bearing to next: <b>165°</b> , Ascent to next: <b>43ft</b>				
4	SO 871 144 The style - SO 8719 1443 Over the style and down the field	0.99mi	51° 49' 42" N	2° 11' 13" W	247ft
	Dist to next: <b>0.21mi</b> , Bearing to next: <b>206°</b> , Ascent to next: <b>6ft</b>				
5	SO 870 141 Manor Farm - SO 8704 1413 Walk diagonally across the field	1.20mi	51° 49' 32" N	2° 11' 21" W	246ft
	Dist to next: <b>0.39mi</b> , Bearing to next: <b>342°</b> , Ascent to next: <b>0ft</b>				

6	<b>SO 868 146</b>	<b>1.59mi</b>	51° 49' 50" N	2° 11' 31" W	<b>205ft</b>
	The Kissing Gate - SO 8686 1468 Through the gate Dist to next: <b>0.42mi</b> , Bearing to next: <b>289°</b> , Ascent to next: <b>26ft</b>				
7	<b>SO 863 148</b>	<b>2.01mi</b>	51° 49' 55" N	2° 11' 56" W	<b>214ft</b>
	The finish at the Village Hall - SO 8637 1485				