

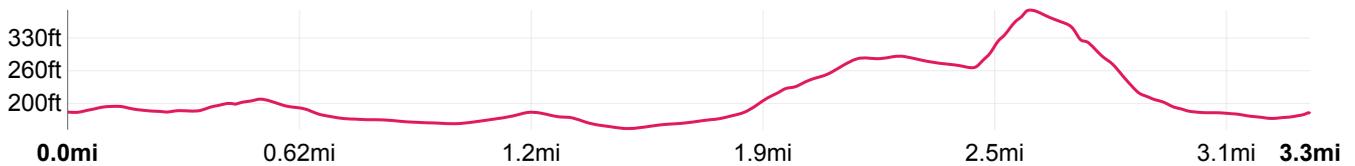
Route Information

Route Name Upton St Leonards - Nut Hill and Meadow Walk - Amber Walk 4
A walk up Nut Hill and around the lower meadows.

Route Summary

Total Distance	3.3mi (5.3km)	Walk	1h 15min
Elevation	145ft at lowest point	Run	29min
	384ft at highest point	Cycle	16min
Total Ascent	362ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SO 864 151 Start Village Post Office - SO 8648 1514 Dist to next: 0.80mi, Bearing to next: 41°, Ascent to next: 44ft	0.00mi	51° 50' 5" N	2° 11' 51" W	180ft
2	SO 868 155 This area gets muddy around here - SO 8688 1559 Dist to next: 0.19mi, Bearing to next: 46°, Ascent to next: 1ft	0.80mi	51° 50' 19" N	2° 11' 30" W	164ft
3	SO 870 157 Wooden Gate - SO 8708 1579 Dist to next: 1.04mi, Bearing to next: 129°, Ascent to next: 137ft	0.99mi	51° 50' 26" N	2° 11' 19" W	158ft
4	SO 879 150 Tall Wooden Post - SO 8794 1509 Dist to next: 0.14mi, Bearing to next: 208°, Ascent to next: 35ft	2.03mi	51° 50' 3" N	2° 10' 34" W	253ft
5	SO 878 149 Nut Hill - SO 8783 1490 Take care walking on the road Dist to next: 0.40mi, Bearing to next: 288°, Ascent to next: 125ft	2.17mi	51° 49' 57" N	2° 10' 40" W	285ft
6	SO 874 150 WW2 Gun Underground bunker - SO 8745 1502 Dist to next: 0.25mi, Bearing to next: 286°, Ascent to next: 6ft	2.57mi	51° 50' 1" N	2° 11' 0" W	384ft

7	SO 871 151	2.82mi	51° 50' 4" N	2° 11' 18" W	252ft
	Bowden Hall Hotel - SO 8711 1511				
	Dist to next: 0.50mi , Bearing to next: 273° , Ascent to next: 13ft				
8	SO 864 151	3.32mi	51° 50' 5" N	2° 11' 50" W	177ft
	Finish village Post Office - SO 8648 1515				